

**SUMMER 2019
DRILL AND PLAY
+
GOALKEEPER TRAINING**

DATES: July 8 - August 24
COST: \$94.50/person
MEMBERSHIP: Annual membership required (\$20/person or \$40/family)

AGE GROUPS

U10-Born in 2009 or later (*formerly 7-9 year old Drill and Play*)

U12-Born in 2007 or later (*Formerly 10-12 year old Drill and Play*)

U14-Born in 2005 or later (includes 8th graders born in 2004) (*Formerly 12-15 year old Drill and Play*)

Players will work on Speed and Agility, Passing, Ball Control, Attacking and Defending, and get an introduction to goalkeeping.

Curriculum will be designed to accommodate the needs of all players and help them improve within their respective age groups.

Curriculum will also help prepare players for advancing to the next age group up.



ALL CLASSES WILL END IN A SCRIMMAGE!
(shinguards are required for all participants)



DRILL AND PLAY

**Monday's @ 4:45pm (U12)
Thursday's @ 3:45pm (U12)
Saturday's @ 11:00am (U10/12)**

GOALKEEPING

**Monday's @ 5:45pm
Thursday's @ 3:45pm**