



Hoppers, Jackrabbits (3 - 4years)

Hoppers classes focus on foot/eye coordination, dribbling, scoring and balance. Three and four year-olds get a fast-paced, fun exposure to the most popular sport in the world. Hoppers classes will also introduce the concepts of teamwork and cooperation. Hoppers will not play any competitive soccer games.

- Hopper classes are 50 minutes long.
- Child/Coach Ratio 7:1

Jackrabbits classes are designed for three and four year-olds who have either taken a session of Hoppers or have other soccer experience. Jackrabbits classes will focus on more complex ball skills (trapping and passing). Some small sided soccer games will be introduced.

This transitional class is the next step after Hoppers classes. It is designed to improve fundamental skills and to prepare kids for Micro classes.

- Jackrabbits classes are 50 minutes long.
- Child/Coach Ratio 7:1

DEVELOPMENTAL MILESTONES	3-4 YEARS
Social-Emotional	<ul style="list-style-type: none"> • Enjoys playing with other children • Increased importance of peer relations • Attention seeking • Loves to talk, be silly and tell jokes • May have mood swings • May have jealous feelings • Begins to understand danger, so may be fearful
Cognitive	<ul style="list-style-type: none"> • Loves creative/dramatic play and learns best through using those means • Speaks in complete sentences & is able to understand more complex directions • Learning to initiate action • Has an increased desire to do things on their own • Becoming less impulsive • Has an eagerness for adventure, is imaginative & curious
Physical	<ul style="list-style-type: none"> • Mastering running, kicking, throwing, hopping and jumping • Hops on one foot • Able to kick a ball forward with intention